

Sep - Dec

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM		Drop In Pickleball	Drop In Pickleball	Drop In Pickleball	Drop In Pickleball	Drop In Pickleball	
9:30 AM							
10:00 AM							
10:30 AM		Senior Social		Chair Yoga		Yoga	
11:00 AM			Early years Family Gym				Early years Family Gym
11:30 AM							
12:00 PM		Power Hr Strength			Power Hr Zumba	Power Hr Strength	
12:30 PM							
1:00 PM		Seniors Fitness	Seniors Fitness	Seniors Fitness	Parent & Tot sport	Seniors Fitness	
1:30 PM							
2:00 PM		Adult drop in	Adult drop in	Adult drop in	Adult drop in	Adult drop in	
2:30 PM							
3:00 PM		Yoith Drop In Volleyball gr 8-12	Youth Drop In Pickleball gr 4-7	Youth Drop In Basketball gr 8-12	Youth Drop In Basketball gr 4-7	Youth Drop In Dodgeball gr 8-12	
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM			Adult Gym		Adult Gym		
6:00 PM							
6:30 PM							
7:00 PM							