

YMCA SUMMER DAY CAMP



Each day at camp is an unforgettable adventure! YMCA camps teach children physical literacy and social-emotional skills through sports, swimming, games and creative activities. We proudly uphold the YMCA's core values of caring, honesty, respect, responsibility, and inclusiveness, ensuring every child feels welcome and inspired.

If financial barriers prevent you from affording the full cost of camps, you may apply for support. **YMCA Financial Assistance** is available for recreational camps and licensed camps. The **Affordable Child Care Benefit** is only available for licensed camps.

Licensed Child Care Camps

Kindergarten–Grade 6

Art Explosion

Young artists will explore different mediums and express themselves through painting, drawing, sculpture, and mixed media and discover their unique artistic style.

Construct & Create

Young builders will showcase their creativity and problem-solving skills and bring their ideas to life through exciting building challenges and collaborative projects.

Imagination Station

Young dreamers and inventors will bring their fantastical ideas to life through exciting activities that encourage creativity and imaginative thinking.

Science Quest

Curious minds who love science and mysteries will tackle popular myths, conduct exciting experiments, and learn the scientific principles behind them.

Sensory Lab

Young scientists will get their hands dirty and explore a fascinating sensory world of gooey, stretchy fun! Each day will be packed with exciting activities, experiments, and games.

Tokyo Trainer Camp

Campers will become Pokémon trainers and engage in friendly battles. They'll also learn about Japanese cultural traditions like origami, sushi making, and creative arts.

Wellness Heroes

Campers will showcase their authentic selves while learning the importance of physical, mental, and emotional wellness through sports and other fun activities.

Wilderness Wanderers

The wonders of the animal kingdom will come to life as young explorers and animal enthusiasts learn about the diverse creatures that inhabit our planet.

Young Entrepreneurs

Young entrepreneurs will develop their own innovative ideas and pitch them—just like on the TV show “Shark Tank”—while learning business fundamentals and presentation skills.

Locations

Black Mountain YMCA Child Care

1650 Gallagher Rd, Kelowna

George Elliot Secondary YMCA Child Care

10241 Bottom Wood Lake Rd, Lake Country

Okanagan Mission YMCA Child Care

4548 Gordon Dr, Kelowna

Uplands YMCA Child Care

145 Middle Bench Rd S, Penticton

YMCA Child Care at Quigley Elementary

705 Kitch Road, Kelowna

Recreational Camps

Ages 4–5

Splash & Create (Morning)

Dive into creativity! Little artists will unleash their imagination through a variety of crafts and swim in the pool.

Little Explorers (Afternoon)

Discover fun! Little explorers will try out multiple sports and engage in discovery play with different sensory activities each week. (no swimming)

Ages 6–12

Big Top Adventures

Join the circus! Young performers will learn juggling, face painting, acrobatics, and magic tricks—making a splash on the stage and in the pool.

Champions League

Become a champion! Young athletes will improve their skills in team sports like soccer, basketball, and volleyball. They'll also enjoy swimming and fun activities.

Discovery Lab

Get curious! Exciting science experiments, fun math activities, engineering projects, and eco-friendly activities await your curious camper. Swim time included.

Galactic Invaders

Blast off into adventure! Campers will build and launch model rockets, train like astronauts, create alien art, and write space-themed stories. Swim time included.

Masterpiece Makers

Make a masterpiece! Young artists will explore mixed media, printmaking, textile art, nature-inspired crafts, and sculpting. Swim time included.

Stage Stars

Take center stage! Young performers will learn about acting, costume design, set building, and script writing—making a splash on the stage and in the pool.

Y Basketball

Shoot for the stars! Young athletes will build friendships and learn teamwork through engaging drills and activities in a supportive environment. Swim time included.

Ages 10–13

Y Mindfit Camp

Y MindFit is a supportive camp environment where youth will develop coping strategies, build resilience, and gain valuable tools for effectively managing mild to moderate anxiety. Our comprehensive approach combines therapeutic mindfulness techniques, physical activity, and creative arts.

Locations

H₂O Adventure + Fitness Centre

4075 Gordon Dr, Kelowna

Kelowna Family Y

375 Hartman Rd, Kelowna



Register Online

ymcasibc.ca/camps

YMCA programs would not be possible without the support of generous donors.



Summer 2025 Day Camp Schedule

M—Members | NM—Non-members | K—Kindergarten | G—Grades 1–6

Week	Dates	Ages	Time*	Location	Theme	Price**
1	June 30– July 4 (4 days)	4–5	8:30–11:30 AM	Kelowna Family Y—OR—H ₂ O	Splash & Create	M—\$120 NM—\$140
		4–5	1:30–4:30 PM	Kelowna Family Y—OR—H ₂ O	Little Explorers	M—\$120 NM—\$140
		6–12	8:30 AM–4:30 PM	H ₂ O Adventure + Fitness Centre	Masterpiece Makers	M—\$196 NM—\$228
		6–12	8:30 AM–4:30 PM	Kelowna Family Y	Galactic Invaders	M—\$196 NM—\$228
		K–G6	7:30 AM–5:30 PM	Black Mountain YMCA Child Care	Wilderness Wanderers	K—\$144 G—\$185
		K–G6	7:30 AM–5:30 PM	George Elliot Secondary YMCA Child Care	Imagination Station	K—\$144 G—\$185
		K–G6	7:30 AM–5:30 PM	Okanagan Mission YMCA Child Care	Science Quest	K—\$144 G—\$185
		K–G6	7:30 AM–5:30 PM	Uplands YMCA Child Care	Science Quest	K—\$144 G—\$185
		K–G6	7:30 AM–5:30 PM	YMCA Child Care at Quigley Elementary	Construct & Create	K—\$144 G—\$185
		2	July 7–11	4–5	8:30–11:30 AM	Kelowna Family Y—OR—H ₂ O
4–5	1:30–4:30 PM			Kelowna Family Y—OR—H ₂ O	Little Explorers	M—\$150 NM—\$175
6–12	8:30 AM–4:30 PM			H ₂ O Adventure + Fitness Centre	Big Top Adventures	M—\$245 NM—\$285
6–12	8:30 AM–4:30 PM			Kelowna Family Y	Y Basketball	M—\$245 NM—\$285
10–13	8:30–11:30 AM			Kelowna Family Y	Y MindFit Camp	\$115***
K–G6	7:30 AM–5:30 PM			Black Mountain YMCA Child Care	Science Quest	K—\$180 G—\$231.25
K–G6	7:30 AM–5:30 PM			George Elliot Secondary YMCA Child Care	Wilderness Wanderers	K—\$180 G—\$231.25
K–G6	7:30 AM–5:30 PM			Okanagan Mission YMCA Child Care	Sensory Lab	K—\$180 G—\$231.25
K–G6	7:30 AM–5:30 PM			Uplands YMCA Child Care	Sensory Lab	K—\$180 G—\$231.25
K–G6	7:30 AM–5:30 PM			YMCA Child Care at Quigley Elementary	Young Entrepreneurs	K—\$180 G—\$231.25
3	July 14–18	4–5	8:30–11:30 AM	Kelowna Family Y—OR—H ₂ O	Splash & Create	M—\$150 NM—\$175
		4–5	1:30–4:30 PM	Kelowna Family Y—OR—H ₂ O	Little Explorers	M—\$150 NM—\$175
		6–12	8:30 AM–4:30 PM	H ₂ O Adventure + Fitness Centre	Y Basketball	M—\$245 NM—\$285
		6–12	8:30 AM–4:30 PM	Kelowna Family Y	Masterpiece Makers	M—\$245 NM—\$285
		10–13	8:30–11:30 AM	Kelowna Family Y	Y MindFit Camp	\$115***
		K–G6	7:30 AM–5:30 PM	Black Mountain YMCA Child Care	Sensory Lab	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	George Elliot Secondary YMCA Child Care	Science Quest	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	Okanagan Mission YMCA Child Care	Wellness Heroes	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	Uplands YMCA Child Care	Wellness Heroes	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	YMCA Child Care at Quigley Elementary	Art Explosion	K—\$180 G—\$231.25
4	July 21–25	4–5	8:30–11:30 AM	Kelowna Family Y—OR—H ₂ O	Splash & Create	M—\$150 NM—\$175
		4–5	1:30–4:30 PM	Kelowna Family Y—OR—H ₂ O	Little Explorers	M—\$150 NM—\$175
		6–12	8:30 AM–4:30 PM	H ₂ O Adventure + Fitness Centre	Discovery Lab	M—\$245 NM—\$285
		6–12	8:30 AM–4:30 PM	Kelowna Family Y	Big Top Adventures	M—\$245 NM—\$285
		10–13	8:30–11:30 AM	Kelowna Family Y	Y MindFit Camp	\$115***
		K–G6	7:30 AM–5:30 PM	Black Mountain YMCA Child Care	Wellness Heroes	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	George Elliot Secondary YMCA Child Care	Sensory Lab	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	Okanagan Mission YMCA Child Care	Construct & Create	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	Uplands YMCA Child Care	Construct & Create	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	YMCA Child Care at Quigley Elementary	Tokyo Trainer Camp	K—\$180 G—\$231.25
5	July 28– August 1	4–5	8:30–11:30 AM	Kelowna Family Y—OR—H ₂ O	Splash & Create	M—\$150 NM—\$175
		4–5	1:30–4:30 PM	Kelowna Family Y—OR—H ₂ O	Little Explorers	M—\$150 NM—\$175
		6–12	8:30 AM–4:30 PM	H ₂ O Adventure + Fitness Centre	Champions League	M—\$245 NM—\$285
		6–12	8:30 AM–4:30 PM	Kelowna Family Y	Y Basketball	M—\$245 NM—\$285
		10–13	8:30–11:30 AM	Kelowna Family Y	Y MindFit Camp	\$115***
		K–G6	7:30 AM–5:30 PM	Black Mountain YMCA Child Care	Construct & Create	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	George Elliot Secondary YMCA Child Care	Wellness Heroes	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	Okanagan Mission YMCA Child Care	Young Entrepreneurs	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	Uplands YMCA Child Care	Art Explosion	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	YMCA Child Care at Quigley Elementary	Imagination Station	K—\$180 G—\$231.25
6	August 5–8 (4 days)	4–5	8:30–11:30 AM	Kelowna Family Y—OR—H ₂ O	Splash & Create	M—\$120 NM—\$140
		4–5	1:30–4:30 PM	Kelowna Family Y—OR—H ₂ O	Little Explorers	M—\$120 NM—\$140
		6–12	8:30 AM–4:30 PM	H ₂ O Adventure + Fitness Centre	Stage Stars	M—\$196 NM—\$228
		6–12	8:30 AM–4:30 PM	Kelowna Family Y	Discovery Lab	M—\$196 NM—\$228
		10–13	8:30–11:30 AM	Kelowna Family Y	Y MindFit Camp	\$92***
		K–G6	7:30 AM–5:30 PM	Black Mountain YMCA Child Care	Young Entrepreneurs	K—\$144 G—\$185
		K–G6	7:30 AM–5:30 PM	George Elliot Secondary YMCA Child Care	Construct & Create	K—\$144 G—\$185
		K–G6	7:30 AM–5:30 PM	Okanagan Mission YMCA Child Care	Art Explosion	K—\$144 G—\$185
		K–G6	7:30 AM–5:30 PM	Uplands YMCA Child Care	Young Entrepreneurs	K—\$144 G—\$185
		K–G6	7:30 AM–5:30 PM	YMCA Child Care at Quigley Elementary	Wilderness Wanderers	K—\$144 G—\$185
7	August 11–15	4–5	8:30–11:30 AM	Kelowna Family Y—OR—H ₂ O	Splash & Create	M—\$150 NM—\$175
		4–5	1:30–4:30 PM	Kelowna Family Y—OR—H ₂ O	Little Explorers	M—\$150 NM—\$175
		6–12	8:30 AM–4:30 PM	H ₂ O Adventure + Fitness Centre	Galactic Invaders	M—\$245 NM—\$285
		6–12	8:30 AM–4:30 PM	Kelowna Family Y	Champions League	M—\$245 NM—\$285
		10–13	8:30–11:30 AM	Kelowna Family Y	Y MindFit Camp	\$115***
		K–G6	7:30 AM–5:30 PM	Black Mountain YMCA Child Care	Art Explosion	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	George Elliot Secondary YMCA Child Care	Young Entrepreneurs	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	Okanagan Mission YMCA Child Care	Tokyo Trainer Camp	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	Uplands YMCA Child Care	Imagination Station	K—\$180 G—\$231.25
		K–G6	7:30 AM–5:30 PM	YMCA Child Care at Quigley Elementary	Science Quest	K—\$180 G—\$231.25
8	August 18–22	4–5	8:30–11:30 AM	Kelowna Family Y—OR—H ₂ O	Splash & Create	M—\$150 NM—\$175
		4–5	1:30–4:30 PM	Kelowna Family Y—OR—H ₂ O	Little Explorers	M—\$150 NM—\$175
		6–12	8:30 AM–4:30 PM	H ₂ O Adventure + Fitness Centre	Champions League	M—\$245 NM—\$285
		6–12	8:30 AM–4:30 PM	Kelowna Family Y	Stage Stars	M—\$245 NM—\$285
		10–13	8:30–11:30 AM	Kelowna Family Y	Y MindFit Camp	\$115***

*All children must be picked up by camp end time or earlier. | **Child Care Fee Reduction Initiative has been applied to licensed camp prices.

***Extended day access to the Kelowna Family Y can be added with the drop-in fee (\$8.75/day) or Child/Youth Membership (\$54.60/month).