








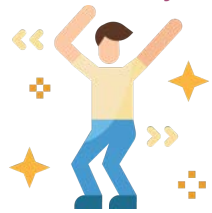






Swim & Dance: August 15-19
Drop Off: Pool Sliding Door Outside

8 - 12

Kelowna Family Y
Pick Up: Side Exterior Gym Door

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 - 9:00	Sign-In & Circle Game	Sign-In & Circle Game	Sign-In & Circle Game	Sign-In & Circle Game	Sign-In & Circle Game
9:00 - 10:15	Water Safety & Free Swim 	Water Safety & Free Swim 	Water Safety & Free Swim 	DROP OFF & PICK UP AT GERSTMAR PARK 	Water Safety & Free Swim 
10:15 - 10:45	Change & Snack	Change & Snack	Change & Snack		Snack & Story
10:45 - 11:30	Dance: Intro to Movement 	Dance: Modes of Movement 	Dance: Moving with others 	Day at Gerstmar Park 	Dance Party! 
11:15 - 12:00	Chuck the Chicken 	Earthquake or Eviction 	Pictionary Relay 		Catch or Kick 
12:00	Sign-Out & Circle Game	Sign-Out & Circle Game	Sign-Out & Circle Game	Sign-Out & Circle Game	Sign-Out & Circle Game

Things to bring everyday:

1. Nut-free snacks and a water bottle!
2. Weather appropriate clothes, and indoor and outdoor shoes
3. Swimwear (underneath), a change of clothes for after swim, and a towel!

***Parent note:** Activities and times subject to change slightly based on staff discretion. Please use this as a guide only.